

BASIC BACK PACKING TRAINING

Required prior to participating in Backpacking Overnight Training:

- Five mile hike - Needed to be First Class
- Ten mile hike or Equivalent - Exceptions are allowed
- First aid merit badge
- Swimming merit badge
- Cook on a camp stove experience
- First Class Rank
- Attend a troop class on layering, wicking and backpacking
- Attend Troop Orienteering Class and prove ability with a map and compass or have earned you Orienteering Merit Badge
- Come to a meeting with backpack properly packed
- Come to a meeting properly dressed for a backpack event
- Complete Class three physical form Dr. Approval

Scouts Name:

Date Completed:

Note: Print and put in scout book. Not all requirement have to be completed during a BSA event