

Troop 121

All about the Scouts

10 Essentials



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Ten Essentials and Day Pack

The Boy Scouts of America requires a scout to carry 10 essentials with him whenever he in on an event such as a Hike, Backpack, Camp Out, Meeting or Show. The list, requirements and location of where to purchase these items is explained below:

- First Aid Kit
- Extra Clothing
- Rain Gear
- Pocket Knife
- Water Bag or Bottle
- Flash Light
- Trail Food
- Matches and fire starters
- Sun Protection
- Map and Compass



Day Pack with Hydration bag: These day packs are the same pack used by students to carry school books. Included inside these packs is a 2 liter water bag. The compartments inside is large enough to carry the other 9 essentials and the Boy Scout Hand Book. The one located in the pictures runs \$59.00 at Costco. Costco stocks another hydration pack for \$20.00 by Outdoors or the same pack can be purchased at Sportmart for \$25.00

First Aid Kit: Every Scout must have a complete First Aid kit to with them at all times. The cost is around \$25.00 and comes in a soft case. Kits can be purchased at the Scout Shop, REI, Sportmart and most sports stores. The smaller less expensive kits are too small and do not have all of the supplies necessary in case of an emergency.





Rain Gear: Water resistant rain gear is available at REI for \$33.00 for the pants and \$33.00 for the jacket. Each one comes in it's own bag that can be tightly condensed to fit into the Day Pack. Colors come in blue, black, green and red.

Extra Clothing: The type of clothing that your Scout may need that represents extra clothing will depend upon the event and what he will be doing on the event. He should always have extra socks and a jacket of some sort. Extra clothing may be gloves, a beanie or a sweat shirt. Use your judgment, know what is happening on the event and help him choose the right extra clothing to pack.



Black Handle Lock Back Knife: Before a Scout is awarded a knife to carry he must first know the safety procedures outlined in the BSA handbook and be trained in how to handle and use it. Once he completes all of the training the Troop will award him his own knife to carry. He will also be awarded a card to show that he has been properly trained. Only on scouting events is a Scout allowed to carry a knife.

Flash Light or head light: A small Mag light or head light adequate for a Scout to have one camp outs. Mag light prices should be around \$10.00 and head lights around \$35.00. REI, Sportmart or most stores should carry these items. Extra batteries and extra bulbs should be carried with the lights.





Trail Food: This food should never be in short supply. Nuts and Nut mixes, power bars and snack bars. Anything a hungry Scout can snack on that provides nourishment and protein. Pack it in a sealed package since animals at night will want to share this food and will not be shy about entering a tent or pack to get at it. Also, Scouts are not allowed to have food in the tents. Purchase at any super market

Fire Starters and Matches: Before a Scout is allowed to carry fire starters he must first know the safety procedures outlined in the BSA handbook and be trained in how to handle and the proper use of fire. Once he completes all of the training he can then carry items to start a fire. He will be awarded a card to show that he has been properly trained. Purchase at the Scout Shop only.



Sun Screen 15 to 30 SPF: On all outings a Scout is required to wear sunscreen. A small tube in his backpack is all that he will need to insure protection. Sunscreen usually only lasts a year so a small tube will force it to be changed out in around one year.

Map and Compass: A Topographical map will be e-mailed to your Scout prior to each event. He will need to print and carry this map with him in his day or backpack. The compass of choice is a Brunton Classic 9020G, which can be purchased at REI or Sportmart for \$10.00. This compass is not available at the Scout shop.



[Brunton Classic 9020G Compass](#)